



# MAHESHTALA COLLEGE

## N.S.S. Unit

**COME, LET US HELP EACH OTHER IN THE PREVENTION OF CORONAVIRUS**

**Protect Yourself And Others From It**



**Let's Look At What We Must Do And What We Must Not Do**

### **•What To Do?**

- Wash our hands with soap at short intervals for at least 20 seconds.
- Cover our mouths with handkerchiefs while coughing and sneezing.
- Throw used handkerchiefs at the waste baskets.
- Consult a doctor if we feel unwell.
- If needed, contact the State Helpline Number or Ministry Of Health & Family Welfare at 011-23978046.
- Avoid participating in crowded gatherings.

### **What Not To Do?**

- Do not leave the house unless absolutely necessary.
- Do not leave the house without wearing a mask.
- Do not touch our eyes, nose and mouth.
- Do not spit everywhere.

